

Holidays in Norway



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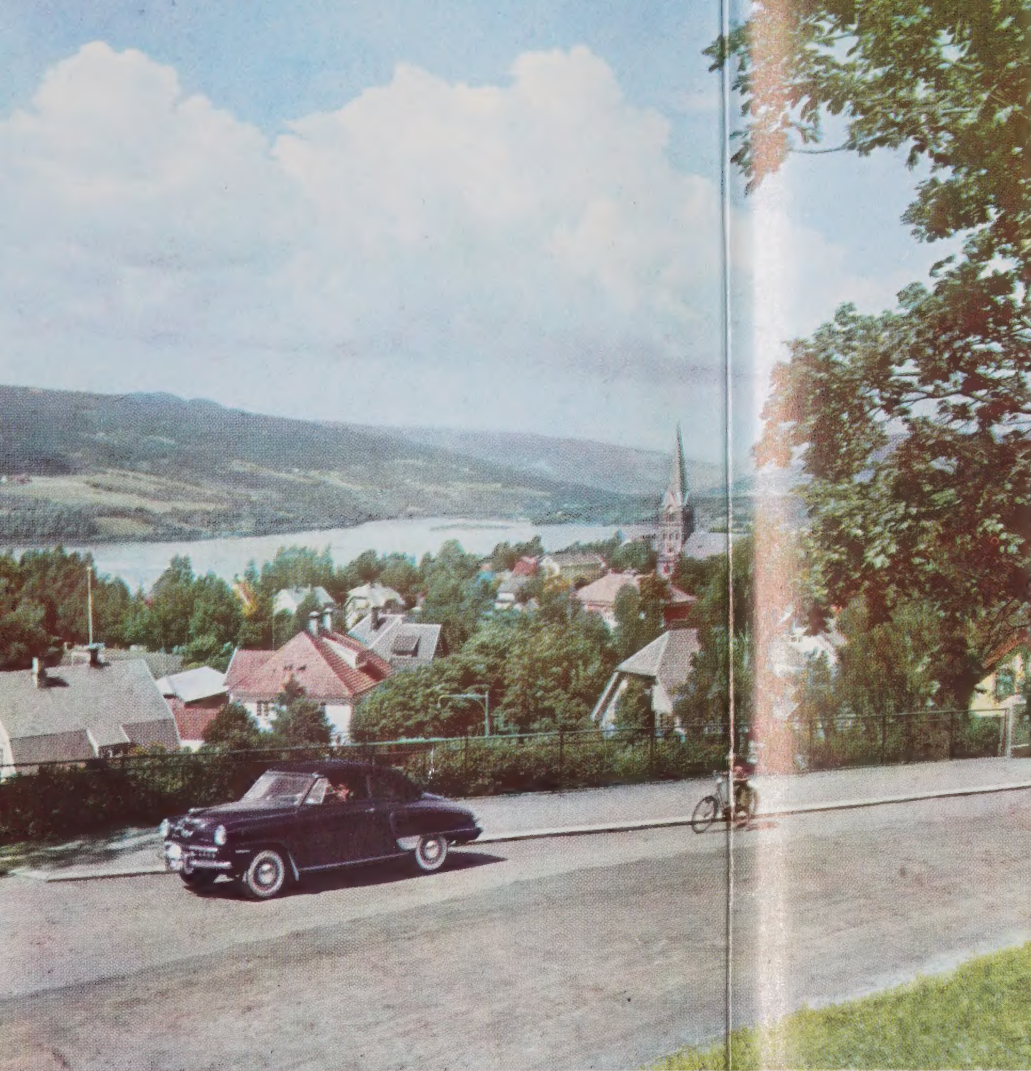
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*Miss Norway
on parade.*

*The South coast is a
sailor's paradise.*



Friendly little Lillehammer, gateway to the Gudbrandsdal.

Holidays in Norway

Land of the Midnight Sun.

Don't be put off by Norway's position on the map. Although North Cape, in the extreme north, looks out towards the Arctic Ocean, Norwegian summers are as a rule warm — every bit as warm as in the British isles or Central Europe — and the days are long, with night transformed into a few hours of hardly dusky twilight.

Norway—Nature's Wonderland

With her small population, and a countryside which was never spoiled by 19th century industrialisation, Norway offers ideal holidays to those who want to shake the dust of city and factory from their feet, and enjoy superb scenery and natural sporting facilities at their best. Norway is also a modern, go-ahead country, with highly developed social services, excellent communications, and a friendly people who share the democratic ideals of the English-speaking world.

Along the shores of the Oslo fjord and the South Coast you will find a great number of delightful bathing resorts, where the sea temperature is warmer than



"What, more tourists!"



A quiet corner in the old fortress town, Fredrikstad.

anywhere else in Europe, apart from the Mediterranean. In the "Fjord Country" on the west coast you will find the scenery which first brought Norway international repute as a tourist country. In the Trondheim district you are on historic ground, with many reminders of Norway's medieval splendour. A cruise along the coast to North Norway — the Land of the Midnight Sun — is an equally unforgettable experience. Many visitors will agree that this journey into the Wonderland of the North and



Carefree moments on the golden sands.

the Land of the Lapps is the most romantic journey in the world...

In the mountain massifs of central Norway, the mightiest peaks in northern Europe beckon the mountaineer, and the great mountain valleys welcome nature-lovers of all nationalities. The beautiful valleys of eastern Norway contain a host of well-appointed resorts with excellent holiday facilities, and enjoy a dry and stable climate.

Ideal for holidays

These are the things we should like to tell you something about, and we hope that the following pages will give you an idea of the sort of holidays Norway has to offer.

Scenery galore. View of the Tyriffjord, a bare hour from Oslo.



But at the same time you will discover that Norway is a wonderful place for lovers of sport and open air pursuits. It offers unlimited holiday possibilities, whether you travel on a conducted or independent tour, whether you travel by car, on your bicycle or on foot.

Travel in comfort — Travel early

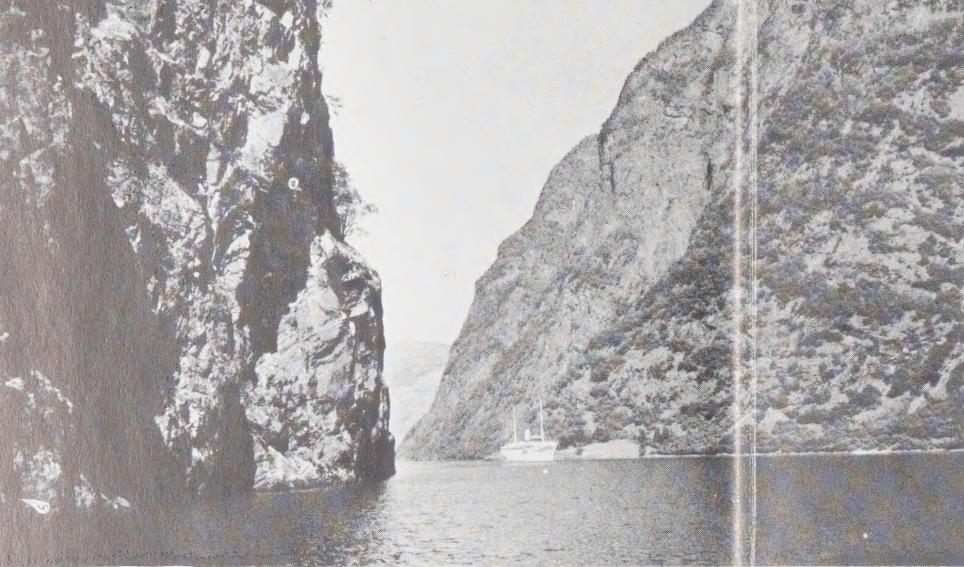
The summer season in Norway extends from early May to the end of September, with July and August as the peak season. More and more visitors, however, are becoming alive to the special advantages of "thrift season" travel, which include cheaper hotel rates, reduced steamship and airline fares, and

The stave-church is Norway's unique contribution to medieval architecture.



Friendly faces greet you everywhere.





The magic of the fjords.

the comforting knowledge that reservations need not be made so far in advance.

The scenery of the Western Fjords is at its loveliest in May. Weather conditions are so favourable, with plenty of sunshine and day and night temperatures up to midsummer levels, that a steadily growing stream of enthusiasts are attracted to this part of Norway in the spring and early summer.

A great many resorts in the land of glacier, fjord and mountain are so well booked from early May that it would hardly be correct to speak of pre-season bookings. In fact, a new and altogether delightful "season" has come to stay — the season of warm spring days when the fruit blossom, seen against a back-drop of towering mountain and shimmering glacier, presents a spectacle of breath-taking loveliness. Remember too, that the Midnight Sun is no mere mid-summer phenomenon, but is visible at North Cape as early as May 12, and a trip by steamer north along Norway's fascinating coast is just as attractive in May or June as later in the season.

At the beginning of September a miracle occurs in the mountains and forests, as autumn hues, seemingly overnight, set the countryside ablaze. Nowhere are these rich and flaming colours more striking than



*Coastal steamer near Bodo
in North Norway.*



The waterfall sounds the bass-note in Norway's summer symphony.

north of the Arctic Circle, where Nature shames the artist's palette with a profusion of reds and golds that must be seen to be believed. This is the time for which the mountain Rambler and the hunter have waited impatiently.

Summer and sunshine

You will be agreeably surprised by the Norwegian climate. You might expect, after a glance at the map, an Arctic climate similar to that prevailing at corresponding latitudes in Greenland, Canada or Siberia. Thanks to the soothing influence of the Gulf Stream,

Cruising in Norway.



Norway's wild flowers are there for the picking.





pleasantly mild. In North Norway the summer is occasionally warmer than in South Norway.

Modern hotels

Norwegian hotels are spotlessly clean and comfortable. Prices are very reasonable and the visitor to Norway gets real value for his money. Hotels of course vary in size and degree of comfort, but the hotel trade is protected by Law in Norway, and every establishment calling itself a Hotel must fulfil certain requirements with regard to size, standard of modern conveniences, etc.

Good food

Norwegian food is delicious and plentiful. Twenty-two gold medals, awarded to Norwegian chefs for native dishes, in competition with the best French and other Continental cooks at Bern in May, 1954, testify to the excellence of the Norwegian cuisine. And our national speciality, known as the "koldtbord" (cold table) is famous for its variety of dishes such as smoked salmon, fresh lobster and Norwegian shrimps. The "smørbrød", a single-decker sandwich, offers an endless variety of succulent snacks, including meat, salad, cheese, etc. Venison, ptarmigan in cream sauce, wild raspberries, cloudberry and brown trout are just a few other specialities. (Continued pg. 25.)

Motoring in the Fjord Country.

however, the mean temperature is 30-40 degrees Fahr. higher than in other places equally far north, and along the South Coast you will find the water warmer than in the English Channel. In the eastern valleys the climate is as warm as on the Continent, and along the west coast

Modern hotels, like the new "Atlantic" in Stavanger, will cater to all your needs.



how to get to NORWAY



and what it will cost

Whether you travel to Norway by sea, rail or air, the journey itself is an important part of your holiday. Norwegian passenger vessels are entirely modern and comfortable and they are equipped with the most up-to-date navigational aids. Owing to the heavy traffic, particularly during July and August, early bookings are essential. Please contact your Travel Agent, who is there to help you. Remember that you can buy all travel tickets required for your Norway holiday from your Travel Agent, and pay for them before departure in the currency of your own country.

All fares quoted are as for June 1957.

By sea:

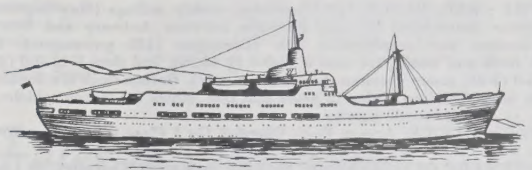
BRITAIN-NORWAY

There are frequent sailings from Newcastle-on-Tyne (Tyne Commission Quay) in four very fine, large, modern ships, all built since the war. It takes 19 hours to Bergen direct, 23 hours to Kristiansand, 17 hours to Stavanger, and 35 hours to Oslo. Motor cars are conveyed at very reasonable rates. There are also sailings from London, Grimsby and Hull to Norway in cargo vessels but it should be noted that these vessels carry a very limited number of passengers, and ONLY FIRST CLASS tickets are issued. The quickest and cheapest mode of travel is therefore by ordinary passenger steamer from Newcastle upon Tyne.



THE BERGEN LINE operates four sailings a week from May 21 to September 4: in the peak season (June 22 to September 4) five sailings a week, between Newcastle and Bergen, with the s.s. LEDA (7,200 tons, 22 knots, 500 passengers, built in 1953) and the m.s. VENUS (7,000 tons, 20 knots, 420 passengers, rebuilt in 1948), both fitted with stabilisers which practically eliminate rolling. A call is made at Stavanger twice weekly and at Haugesund once a week. Fares from Newcastle to Bergen, Stavanger or Haugesund (including berth but excluding meals) are £ 14-5-0 (\$ 42,50) first class and £ 8-5-0 (\$ 24,50) or £ 10-5-0 (\$ 30,50) tourist class. Return fares are double the single fare. Children under 12 years half fare. Through tickets are available between Newcastle and Oslo (via Bergen or Stavanger) at £ 14-10-0 first class sea and second class rail, or £ 8-10-0 or £ 10-10-0 tourist class sea and second class rail. Through coaches London (King's Cross)-Newcastle (Tyne Commission Quay) and vice versa. Rates for motor cars accompanied by passengers: up to 15 cwt. £ 5-0-0 (\$ 15,00) up to 25 cwt. £ 7-0-0 (\$ 21,00) up to 35 cwt. £ 9-0-0 (\$ 27) exceeding 35 cwt. £ 11-0-0 (\$ 33,00). Trailer (irrespective of weight) £ 4: Motor cycle £ 1, with sidecar £ 2. Bicycle 10 s.

LONDON OFFICE: Bergen Steamship Company Ltd., 21-24 Cockspur Street, London, S. W. 1. NEW YORK OFFICE: Bergen Steamship Company Inc., 376 Fifth Avenue, New York 36, BERGEN OFFICE: Det Bergenske Dampskibsselskab.



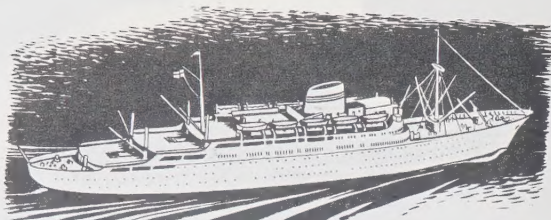
THE FRED. OLSEN LINE operates three sailings a week June to September, thereafter two sailings a week between Newcastle and Oslo calling at Kristiansand and is the only company operating a direct service to Oslo. This service is maintained by two modern and comfortable vessels, the m.s. BLENHEIM (5,000 tons, 16 knots, 245 passengers, built in 1951), and the m.s. BRAEMAR (5,000 tons, 16 knots, 285 passengers, built in 1953). Fares from Newcastle to Oslo or Kristiansand incl. berth and meals are from £ 15-0-0 (\$ 43) first class, £ 11-5-0 (\$ 32) second class and £ 8-15-0 (\$ 25) group accommodation. Through coaches London (King's Cross)-Newcastle (Tyne Commission Quay) and vice versa. Return fares are double the single fare. Children under 12 years half fare. Rates for motor vehicles, the same as the Bergen Line. GENERAL AGENTS FOR SOUTH ENGLAND: Norwegian State Railways Travel Bureau, 21-24 Cockspur Street, London, S. W. 1. GENERAL AGENTS FOR NORTH ENGLAND AND SCOTLAND: P. H. Matthiessen & Co., Ltd. 54 Pilgrim Street, Newcastle-on-Tyne, 1. — For information only: FRED. OLSEN LINES, Passenger Liaison Service 33/34 Bury St. London, E. C. 3

U.S.A.-NORWAY

THE NORWEGIAN AMERICA LINE maintains regular and frequent sailings from New York with calls at Bergen, Stavanger, Kristiansand, Copenhagen and Oslo.

With the three great ships M/S BERGENSFJORD, M/S OSLOFJORD, S/S STAVANGERFJORD.

Flagship of the fleet the 19 000 ton m.s. BERGENSFJORD is fully air-conditioned with individual control in each stateroom. She has a tiled, indoor



swimming pool, gymnasium and steam bath. For the utmost in passenger comfort and well-being, the ship is equipped with Denny Brown stabilizers.

All staterooms have private toilets and all rooms in First Class have private bath and/or shower. A large number of staterooms in Tourist Class have private shower.

M/S Bergsjord and M/S Oslofjord have a large number of attractive lounges in both classes. Decorated in the latest Scandinavian interior design, built around Norwegian traditions, the lounges abound in decorative art created by Norway's leading contemporary artists. Comfort, coziness and a feeling of intimacy are the key-words for the ship's public rooms.

S/S Stavangerfjord with her smooth-sailing qualities, her cheerful public rooms and lounges insure top-level enjoyment in any of the Stavangerfjord's three classes—First, Cabin, and Tourist.

Sun, sea, and salt air give you zest and appetite aboard and you enjoy them to the fullest with the help of traditional Norwegian service.

The head office in North America is the Norwegian America Line Agency, Inc., 24 State Street, New York 4, N. Y.

The Fred. Olsen Line operates sailings every 3 weeks — 1 month from U.S. & Canadian Pacific Coast Ports to UK/Continent — Norway. Fast modern passenger-cargo vessels with accommodation for 12 passengers. Fares (incl. meals & service) San Francisco-Norway \$ 465-£ 630. Other rates on application. General Agents Pacific Coast: Fred. Olsen Line Agency, 241 California St., San Francisco.

BELGIUM-NORWAY

THE FRED. OLSEN LINE operates weekly sailings (May–September, otherwise fortnightly) in each direction between Antwerp and Oslo, by the modern and comfortable m.s. *Bretagne* (125 passengers). Fares (incl. berth and meals) 1st class £ 17-0-0 (\$ 48,50), 2nd class £ 13-0-0 (\$ 37), £ 9-5-0 (\$ 25) group accommodation (men only). Return fares are double the single fares. Children under 12 years half fare. Rates for motor vehicles, the same as the Newcastle service.

PARIS OFFICE: Agence Fred. Olsen & Cie I Place d'Étienne d'Orves, Paris 9.

ANTWERP OFFICE: Agence Maritime de Keyser Thornton, 14 Longue Rue de l'Hôpital.

At the time of going to print the operators have not finally decided whether to continue this service beyond 1957.

HOLLAND-NORWAY

Sailing time from Rotterdam to Stavanger is 33 hours, Haugesund 40 hours, Bergen 46 hours, South East Norway and Oslo 36 to 45 hours.

THE BERGEN LINE operates a regular service from Rotterdam via Stavanger and Haugesund to Bergen with m.s. *ASTREA*, a modern and comfortable ship (built 1945, 4,700 tons, 15 knots, 146 passengers), sailing every Saturday at 7 p.m. Fares (incl. berth but excluding meals) to Stavanger and Haugesund: 1st class £ 14-0-0, 2nd class £ 10-10. To Bergen: 1st class £ 15-00-0, 2nd class £ 11-0-0. Return fares are double the single fare. Children under 12 years half fare. Rates for motor cars accompanied by passengers, motor cycles, etc., same as for the Newcastle service.

At the time of going to print the operators have not finally decided whether to continue this service beyond 1957.

THE FRED. OLSEN LINE operates a weekly service from both Rotterdam and Amsterdam to Oslo by combined cargo-passenger vessels. Fares (incl. berth and meals) £ 13-0-0 (\$ 37) (1st class only). Motor vehicles: See Newcastle service.

ROTTERDAM AGENTS (both lines): D. Burger & Zoon, 7 Westerstraat, P. O. Box 149 Rotterdam C. AMSTERDAM AGENTS (both lines): Vereenigd Cargadoorskantoor, 139, De Ruyterkade, P. O. Box 561 Amsterdam, C.

DENMARK-NORWAY

Sailing time from Copenhagen to Oslo 15½ hours, Frederikshavn to Oslo 13 hours, Hirtshals to Kristiansand 5 hours and Frederikshavn to Larvik 8 hours.

KRISTIANSAND STEAMSHIP COMPANY operates a regular ferry

service between Hirtshals and Kristiansand. Passenger fare £ 1-18-0 (\$ 5,30). Motor cars: Up to 1200 kilos £ 2- 5-0 (\$ 6,20) Up to 2000 kilos £ 2-15-0 (\$ 6,70). Booking Norway–Denmark at Kristiansand Steamship Co., Kristiansand S, Norway. Booking Denmark–Norway at Hirtshals agents: Elbert Hansen, Hirtshals, Denmark, telegrams Norgesruten.

LARVIK-FREDERIKSHAVN FERRY operates regularly in May–September between Frederikshavn and Larvik/Fredrikstad (passenger, and car-ferry service).

Fares: (excl. meals).

Single £ 2-0-0 (\$ 5,70), return £ 3-5-0 (\$ 9,30).

Children under 16 years half fare.

Suppl. for sleeping berth 7/- to 12/- (\$ 1,00-1,70). Special fares for groups.

Motorcars, weight up to 800 kilos £ 2-5-0 (\$ 6,45), per each additional 100 kilos 4/- (\$ 0,60). Autocars £ 4-10-0 (\$ 12,85). Motorcycles 15/- (\$ 2,15), with sidecar £ 1-5-0 (\$ 3,60). Trailers (caravans) from £ 1-5-0 (\$ 3,60).

Head Office: A/S Larvik-Frederikshavnferjen, P. O. Box 2443, Oslo.

Further information is available on application to:

Paris Agents: Bureau de Voyages Bennett, 4, Rue Scribe.

Brussels Agents: Voyages de Keyser Thornton, 53, Cantersteen.

Rotterdam Agents: D. Burger & Zoon, 7, Westerstraat.

Naples Agents: Cyril T. Klingenberg, Via Medina, 24.

Hamburg Agents: Reise-Agentur Waldemar Fast, Alstertor 21.

Barcelona Agents: Kumenius Rese-Service, Av. Glmo. Franco, 578 bis.

THE UNITED STEAMSHIP COMPANY LTD. (DFDS) operates regular services Copenhagen-Oslo and Frederikshavn-Oslo. Fares (excl. meals) are: Copenhagen–Oslo: First class single £ 5-6-0 – \$ 14,70, return (2 months) £ 8-19-0 – \$ 25,00. Second class with berth — single £ 3-14-0 – \$ 10,30, return £ 6-7-0 – \$ 17,60. Second class without berth — single £ 3-2-0 – \$ 8,60, return £ 5-6-0 – \$ 14,70. Children under 12 years half fare. Motorcars: Up to 800 kilos £ 3-9-0 – \$ 9,60, 801–1000 kilos £ 3-19-0 – \$ 11,00, 1001–1200 kilos £ 4-10-0 – \$ 12,50, 1201–1500 kilos £ 5-16-0 – \$ 16,20, 1501–2000 kilos £ 7-3-0 – \$ 19,80, above 2000 kilos £ 8-9-0 – \$ 23,50.

Frederikshavn–Oslo: First class — single £ 3-14-0 – \$ 10,30, return (2 months) £ 6-7-0 – \$ 17,60. Second class with berth — single £ 2-13-0 – \$ 7,40, return £ 4-10-0 – \$ 12,50. Second class without berth — single £ 2-3-0 – \$ 5,90, return £ 3-14-0 – \$ 10,30. Motorcars: Up to 800 kilos £ 2-8-0 – \$ 6,60, 801–1000 kilos £ 2-18-0 – \$ 8,10, 1001–1200 kilos £ 3-9-0 – \$ 9,60, 1201–1500 kilos £ 4-5-0 – \$ 11,80, 1501–2000 £ 5-16-0 – \$ 16,20, above 2000 kilos £ 7-3-0 – \$ 19,80.

The Copenhagen-Oslo service operates throughout the year and the Frederikshavn-Oslo service from the beginning of February until October. On both routes there are three sailings weekly in each direction, increased to six sailings weekly in the summer season. Head Office: D. F. D. S., Sankt Anne Plads 30, Copenhagen K. — Oslo Agents: Jacob Natvig & Co., Karl Johansgate 1. — Frederikshavn Agents: H. Larsen. — London Agents: The Danish Tourist Bureau Ltd., 71/72 Piccadilly, W. I.

By air:

BRITISH EUROPEAN AIRWAYS (BEA) operates a daily service from London to Oslo.

KLM (ROYAL DUTCH AIRLINES) has regular services from Amsterdam to Kristiansand and Oslo, with direct connections in Amsterdam from most other countries.

PAN AMERICAN WORLD AIRWAYS SYSTEM operates regular services from U.S. to Oslo.

ICELANDIC AIRLINES operate a tourist class service four times a week from New York to Norway (Oslo, Bergen and Stavanger).

SAS (SCANDINAVIAN AIRLINES SYSTEM) maintains daily first and tourists class services from NEW YORK to Oslo, Bergen and Stavanger either direct or via Copenhagen. The new daily route across the Arctic regions offers excellent connections from the WESTERN COAST OF U.S.A. AND CANADA to Norway.

A bi-weekly service is operated from Santiago and Buenos Aires through the major cities on the EASTERN COAST OF SOUTH AMERICA to Norway.



The capitals of EAST AND SOUTH AFRICA have connections with Oslo twice weekly both by first and tourist class aircraft.

Regular SAS first class and tourist class services operate from TOKYO via the principal cities in the FAR AND MIDDLE EAST to Oslo. A new route is also operating via the NORTH POLE direct to Scandinavia.

SAS operates an extensive EUROPEAN NETWORK connecting Norway daily with the main cities of Europe.

Fares as valid summer 1958.
(The fares may be altered without notice.)

Selected fares to Oslo from:	FIRST CLASS				TOURIST CLASS			
	Pound	Sterl.	US Dollar	Return	Pound	Sterl.	US Dollar	Return
	Single	Return	Single	Return	Single	Return	Single	Return
Amsterdam, direct	—	—	—	—	22-16-0	41- 1-0	63,90	115,10
Amsterdam via Copenhagen	30-16-0	55- 9-0	86,30	155,40	24-11-0	44- 4-0	68,80	123,90
Brussels, direct	—	—	—	—	25-15-0	46- 7-0	72,10	129,80
Brussels via Copenhagen	33-11-0	60- 8-0	94,-	169,20	26- 8-0	47-11-0	74,-	133,20
Buenos Aires	—	—	846,-	1522,80	—	—	612,-	1101,60
Cairo	122- 0-0	219-12-0	341,60	614,90	86- 0-0	154-16-0	240,80	433,50
Calcutta	232- 0-0	417-12-0	649,60	1169,30	166- 0-0	298-16-0	464,80	836,70
Düsseldorf	30- 0-0	54- 0-0	84,-	151,20	25- 4-0	45- 8-0	70,60	127,10
Frankfurt	32-17-0	59- 3-0	92,-	165,60	26-19-0	48-11-0	75,50	135,90
Glasgow, direct	28-18-0	52- 1-0	81,-	145,80	22- 0-0	39-12-0	61,60	110,90
Glasgow via Copenhagen	35-10-0	63-18-0	99,40	179,-	28-10-0	51- 6-0	79,80	143,70
Johannesburg	227- 0-0	408-12-0	635,60	1144,10	165- 0-0	297- 0-0	462,-	831,60
Karachi	203- 0-0	365- 8-0	568,40	1023,20	146- 0-0	262-16-0	408,80	735,90
Lisbon	72-11-0	130-12-0	203,20	365,80	56- 0-0	100-16-0	156,80	282,30
London, direct	31-10-0	56-14-0	88,20	158,80	25- 6-0	45-11-0	70,90	127,70
London via Copenhagen	35- 9-0	63-17-0	99,30	178,80	28-10-0	51- 6-0	79,80	143,70
Los Angeles	—	—	573,70	1048,50	—	—	409,-	756,-
Madrid	59-17-0	107-15-0	167,60	301,70	45-17-0	82-11-0	128,40	231,20
Munich	42- 2-0	75-10-0	117,90	212,30	33-7-0	60- 1-0	93,40	168,20
Nairobi	206- 0-0	370-16-0	576,80	1038,30	150- 0-0	270- 0-0	420,-	756,-
New York	—	—	438,10	788,60	—	—	328,10	590,60
Nice	49- 6-0	88-15-0	138,10	248,60	38-11-0	69- 8-0	108,-	194,40
Paris	36- 1-0	64-18-0	101,-	181,80	28-11-0	51- 8-0	80,-	144,-
Rio de Janeiro	—	—	811,-	1459,80	—	—	582,-	1047,60
Rome	57-12-0	103-14-0	161,30	290,40	43- 2-0	77-12-0	120,70	217,30
Santiago	—	—	901,-	1621,80	—	—	657,-	1182,60
Tokyo via North Pole	342- 0-0	615-12-0	957,60	1723,70	235-0-0	423- 0-0	658,-	1184,40
Tokyo via India	348- 0-0	626- 8-0	974,40	1754,-	241- 0-0	433-16-0	674,80	1214,70
Vienna	52- 2-0	93-16-0	145,90	262,70	40-11-0	73- 0-0	113,60	204,50
Zürich	40-11-0	73- 0-0	113,60	204,50	32- 9-0	58- 9-0	90,90	163,70

On certain services within Europe reduced night fares available.

Every travel agent all over the world who is entitled to sell air tickets will be glad to quote air fares to Norway, and he will also issue tickets for any service operated by the above companies. Children under 12 years pay half fare, under 2 years 10 % of full fare.

By rail:

ENGLAND-NORWAY VIA HOLLAND

Daily connection by the North-West Express, via Harwich-Hook-Hamburg-Copenhagen. This train carries 1st and 2nd class seats and sleeping berth in through-coaches between Hook and Copenhagen. Between Copenhagen and Oslo, in the express train «Skandiapilen» also 1st and 2nd class seats.



FRANCE-NORWAY VIA BELGIUM

Daily connection by North Express via Liège-Cologne-Hamburg-Copenhagen. This train carries 1st and 2nd class through sleeping-car between Paris and Oslo. Paris-Oslo 36 ½ hours.

ITALY-NORWAY VIA SWITZERLAND AND GERMANY

Daily connection by Scandinavian-Italy Express via Chiasso-Basel-Frankfurt-Hanover-Gedser-Copenhagen. This train carries 1st and 2nd class seats and sleeping berths in through-coaches between Rome and Copenhagen. The night express train between Copenhagen and Oslo carries single, 1st and 2nd class sleeping-cars and 2nd class through-coaches. Rome-Oslo 48 hours.

Single fares (exclusive sleeping car fee) between Oslo and main European centres are approximately:

From	To	1st class		2nd class	
		£	\$	£	\$
Amsterdam	Oslo	14-17-10	41,75	10- 0- 3	28,30
Antwerp	—	17-17- 6	50,10	11-18- 5	33,40
Brussels	—	17-10- 4	49,10	11-14- 1	32,80
Bordeaux	—	25- 5- 9	70,85	17- 4-10	48,30
Frankfurt (M)	—	15-16-11	44,40	10-13- 5	29,90
Geneva	—	21- 4-11	59,55	14- 8- 0	40,35
Genoa	—	23- 1- 1	64,60	15- 9- 5	43,35
Hamburg	—	10-19- 9	30,80	7- 8- 7	20,85
Cologne	—	15- 1- 2	42,20	10- 2-11	28,45
London via Ostende	—	21-19- 9	61,60	15- 6- 8	43,00
London via Hook	—	20-18- 7	58,65	15- 0- 6	42,10
Madrid	—	30- 4- 4	84,65	20-10-11*	57,55*
Munich	—	18- 9- 4	51,75	12- 8- 4	34,80
Naples	—	27-12- 2	77,35	18- 0- 5	50,50
Paris	—	19-19-10	56,00	13 9 4	37,75
Rome	—	26-11- 9	74,50	17- 8- 7	48,85
Rotterdam	—	14-19- 5	41,95	10- 3- 0	28,45
Vienna	—	20-14- 7	58,10	13-11- 9	38,10
Zürich	—	19-17- 1	55,65	13- 8- 2	37,60

* 3rd in Spain

Fares in Norway

Travelling in Norway is comfortable and inexpensive. In spite of the great distances, fares are very reasonable indeed. Reduced fares are available as follows: half price on railway for children under 12 years of age, and half price on bus and steamer for children under 15. For comparisons of prices quoted below, see rate of exchange on page 24.

BY RAIL. From Oslo there are several connections daily (express trains, and express special trains) with South, West and North Norway. The day express trains carry 1st and 2nd class coaches and dining car. The night express trains carry single, 1st and 2nd class sleeping cars and 2nd class coaches. The Express Special consists of 3 car units of coaches with adjustable arm chairs. Fares are basic 2nd class rate plus express train supplement. The rail journey from Bergen to Oslo (305 miles) costs kr. 85,40 first class or kr. 57,00 second class.

BY BUS. Good and modern buses serve all important routes. The fares vary somewhat, but the average fare is kr. 0.16 per kilometre or roughly kr. 0.10 per mile. The bus fare from Bergen to Norheimsund (90 kilometres or 56 miles) is kr. 9.

BY STEAMER. Both the «Fjord Country» and the coastal districts are served by modern and well equipped vessels. Remember that it is cheaper to buy tickets in advance from your Travel Agents, as you will be charged extra if you buy them on the boat! The journey from Bergen to Balestrand on the Sognefjord costs kr. 32 and the very popular 12-day round trips from Bergen to the North Cape and the Land of the Midnight Sun, including berth and meals and sightseeing excursions, cost only £ 62-0-0. \$ 180.

BY AIR. Internal airline fares are also very reasonable. Single fare from Oslo to Stavanger is kr. 110. Trondheim kr. 130. Bodø kr. 280 and Tromsø kr. 380. 10 % rebate on roundtrip.

«METEOR CRUISES»

The Bergen Line's new cruising ship will make several cruises to the Norwegian fjords, North Cape, the Midnight Sun, Spitsbergen, the Pack Ice and Northern Capitals including Leningrad and Hamburg. The majority of the cruises start from Bergen and last from 8 to 18 days. Inclusive fares are from £ 60 - \$ 170 and upwards. M.S. Meteor is an ideal cruise ship of 3,000 tons, where you will find the delightful and informal atmosphere essential to a successful cruise. The public rooms are charmingly decorated and about half the accommodation is equipped with private facilities. All public rooms and cabins are airconditioned.

Hotel prices in Norway

Apart from the fact that hotel prices in Norway are lower than in practically any other country in Europe, another important attraction is the absence of «extras». Tipping is generally covered by the service charge of 10 % which is added to hotel and restaurant bills. At some hotels the service charge is 15 %. This does not include the Head Porter, who should be tipped for any extra service he may have performed. Neither does it include transfer of luggage. If this is not added to the bill, the guest should pay the porter personally. Otherwise indoor staff are only entitled to gratuities for any special services they have rendered.

It is possible to have a room and full board at good pensions in the fjord country or in the mountains for 20 kroner per day. The top-grade holiday hotels charge more, but you will be pleasantly surprised at the reasonable terms they offer. Inclusive term, apply when you stay 5 days or more at the same hotel.

Small-town hotels charge very modest prices, and even in the larger towns such as Oslo, Bergen, Trondheim and Stavanger it is possible to get a comfortable single room at a medium-sized hotel for 10 to 15 kroner.



OSLO AND THE OSLOFJORD

OSLO - THE CAPITAL

Norway's capital enjoys a marvellous setting. On the landward side Oslo is encircled by hills, and half an hour by electric train brings the visitor high above the town to a land of lake and forest. To the south stretches the fjord with its teeming life of white sails and motorboats, and a 10-30 minute trip by boat or motor coach from the town centre brings the visitor to places where he can bathe in the sea, bask in the sun and enjoy his meal in a fjordside restaurant.

Oslo has a number of unique cultural monuments. There is the controversial Vigeland col-

lection of sculptures at Frogner, with the 50 ft. monolith as its culminating point, and the new Town Hall, which reflects so brilliantly Norway's artistic inspiration to-day. Among the «established» sights should be mentioned the Norwegian Folk Museum, a large open-air museum containing 150 old buildings from various parts of Norway. Only a couple of minutes walk away we have the Viking Ships, and in the vicinity there are the polar exploration ship «Fram», which has been further north and south than any other ship in the world, and the Kon-Tiki raft of more recent fame. No visitor to Oslo should fail to visit lovely Akershus, the medieval fortress which looks down from its ancient battlements onto the inner harbour.

As befits a capital city, Oslo has plenty of gay spots and bright restaurants. For entertainment there are international variety shows, straight plays and the latest films. The National Theatre is above all the theatre of the great Norwegian dramatist, Henrik Ibsen.

Some of the most popular restaurants deserve special mention. The fjord restaurants include «Dronningen» (the Queen), club house of the Royal Yacht Club, and «Kongen» (the King), each at the end of a pier. «Skansen», near the Town Hall, also enjoys fine views of the fjord. Ingierstrand Restaurant, facing the fjord, is reached by bus or steamer in 20 minutes from the Town Hall. Among the hill-side restaurants, overlooking the town and the fjord, are the Ekeberg Restaurant, the Frognerstet Restaurant, Holmenkollen Hotel and the new restaurant built inside the famous Holmenkollen ski jumping hill, where you can also visit the Ski Museum. Among the west-end restaurants are «Blom», the artists' restaurant, «Telle» with cabaret and dancing, «Regnbuen» (the Rainbow) with a floor show, «Theatercafeen» (the Theatre Cafe) which is another favourite haunt of local celebrities, «La Belle Sole» with its sea-food specialities, George's Restaurant with French cuisine, the Bristol Hotel with its grillroom and Moorish Hall, the Frascati,

favourite after-theatre restaurant, and the highly rated «Continental». A visit should also be included to Sundøya Fjord Restaurant which is situated on lake Tyrifjord, an hour's drive by car west of Oslo.

There is a wide choice of hotels in all price categories, the larger hotels being the Bristol, Continental, Grand, K. N. A., and the new Viking Hotel. There are also many good medium sized and smaller hotels, too numerous to be mentioned here.

THE OSLO FJORD

The smiling Oslo fjord, surrounded by hills and low ridges and girt by innumerable holms and islands, makes an instant appeal. In creeks and bays summer villas dot the shore, and on rocks and beaches happy sun-tanned people revel in their sea-side paradise. Here you can enjoy the carefree delights of the long, warm Norwegian summer days, boating, fishing — or just basking in the sun.

The resorts on the fjord are reached by train and bus from Oslo.

ÅSGÅRDSTRAND — a popular fjord resort on the west side. Tennis courts. Excursions by car to the National park at Borre, the Oseberg burial mounds from the Viking period, and to the naval town of Horten. Grand Hotel.

HANKØ — this is the «Coves of Norway», where the Crown Prince has his summer villa. Yachting, swimming, sea-fishing, and tennis with dancing and social entertainments in the evenings, make the time fly. The Hanks Hotel is the resort of Oslo's fashionable set and of yachtsmen from all over the world.

LARVIK — a friendly little town in a bay facing the open sea. Residents at the well-appointed and up-to-date Grand Hotel can enjoy salmon fishing in the Lågen.

LARKOLLEN — a seaside resort with sandy beaches, situated on the east side of the fjord. Reeds Hotel and Stetvig Hotel are both popular and comfortable.

STAVERN — charming village on the west side, with 18th century naval base. Hotel Wassiloff.

TJØME — a large island off Tønsberg, with a great many fjord pensions and unlimited scope for holiday activities. Havna Hotel is a popular place for young visitors, but the family pensions are too numerous to mention here.

THE SOUTH COAST AND TELEMARK

THE SOUTH COAST

presents a charming idyll in a rocky setting. The summer here is long and the weather stable, and there are a score of activities to occupy the holiday visitor. If you enjoy sea-bathing, you will find no more ideal spot in the whole of



Norway than the shores of the South Coast, also called «The Norwegian Riviera». If sailing is your favourite sport, the South Coast is the answer. Or perhaps you prefer sea-fishing? A rowing-boat or a motorboat will convey you swiftly to excellent fishing grounds. Picnics on the numerous holms and islands are favourites with holidaymakers on the South Coast.

There is no better way of seeing the South Coast, than by taking a trip by steamer from Bergen to Oslo (or vice versa), calling at 20 towns and idyllic harbours en route. The cost of this 3 days trip, including meals, is only kr. 175.

Most resorts on the South Coast are reached by electric train or boat from Oslo or Stavanger. The white towns and villages spread along the coast are crowded with Scandinavian holiday-makers, but there are also a few places catering to a more international clientele.

The Setesdal, north of Kristiansand, a valley which has preserved its ancient rural culture practically unchanged from medieval times — e. g. in local costume and architecture — is part of Sørlandet (The South Coast).

ARENDAL — a town of 11,000 inhabitants. Its Town Hall, the second largest timber building in the country, is a superb piece of architecture. A fine sandy beach at Tromøysund, salmon fishing in the Nidelv river. A great centre for excursions both by boat and motor coach. Among the better known hotels are the Grand, Central, and Fenix.

FEVIK — a favourite sea-side resort near Arendal. Fine sandy beaches. The Fevik Strand Hotel is one of the most popular sea-side hotels in Norway.

KRISTIANSAND — pop. 26,000. Among its attractions are cathedral, an interesting museum, the Ravnedal national park and the 12th

century Oddernes church. There are bathing beaches and a good choice of hotels among which are the Ernst, Astoria, Norge and Savoy.

LYNGØR — a little village built on a small group of islands which afford ideal bathing from the cliffs. The Sommerpensionat is a modest pension in fascinating surroundings.

TELEMARK

The name evokes thoughts not only of skiing but of poetry and ancient peasant culture. Telemark is above all a district of winding valleys — each with its distinctive scenery — of roads skirting precipitous gorges or silvery lakes with snow-covered peaks in the background. The hillsides and mountains surrounding the resorts seem designed by the hand of Nature for the hiker and rambler. The lovely lakes of Telemark provide excellent facilities for boating and bathing, as well as fishing, and there are few districts in Norway with such a wide range of excursions to offer.

The South Coast railway from Oslo to Stavanger stops at Kongsberg and Bø in Telemark. Good bus services operate from these places, running through the winding valleys to the holiday resorts, and onwards to the Fjord Country. A unique attraction is the canal which runs 65 miles inland from the fjord at Skien, with the steamboat chugging across silent lakes or nosing its way through the locks.

BØ — important traffic junction where you leave the train from Oslo and continue your journey into Telemark by bus. Nearby Lijell Hotel affords a delightful view of the Telemark valleys.

BOLKESJØ — a good centre, overlooking glittering lakes with a wide vista of mountains and forests. Bolkesjø Hotel with its typical Norse interior is situated on the main road, 1,470 ft. above sea level.

DALEN — a picturesque village at the head of beautiful lake Bandak. Starting point for the famous steamer excursion through the Bandak canal and the Telemark lakes to Skien. Bandak Hotel.

KONGSBERG — Norway's silver-mining town — is a popular holiday resort, thanks to its glorious surroundings and excellent sporting facilities. A visit to the mines is a unique experience, and Kongsberg church is very interesting. There is a good choice of hotels. The best is the Gyldenløve Hotel.

MORGEDAL — just as Norway is the «Home of Skiing», so Morgedal is the «Cradle of Skiing». It is a fine mountain village, alt. 1,470 ft. Morgedal Hotel, built in 1948, is situated on the main road in beautiful surroundings.

RAULAND — this fine mountain resort, 3,280 ft., faces the vast expanse of the Hardanger plateau. Rauland Hotel which was built in 1950, commands a grand view.

RJUKAN town in a narrow valley, hemmed in by towering mountains. Modern centre of electro-chemical industry and famous for its «heavy waters» production. The Rjukan Hotel is entirely new.

VRÅDAL — is another lovely Telemark village, facing lake Nisservatn, Vrådal Hotel is also entirely new and modern.



THE FJORD COUNTRY

The «Fjord Country» is the name given to the district intersected by a whole series of long and narrow inlets through which the ocean penetrates right into the heart of the mountain massif of western Norway.

It is the combination of majesty and charm which makes the «Fjord Country» such an ideal holiday district, famous all over the world.

STAVANGER AND ROGALAND

The county of Rogaland contains a tremendous range of scenery — from Jæren, the stretch of flat country whose marvellous sandy beaches provide a paradise for bathers, to the beautiful Ryfylke fjords where the modern steamers of «The White Fleet of the Ryfylke Fjords» offer a number of interesting excursions. Particularly recommended is the steamer trip from Stavanger to the new Prekestol hut, into the peculiar Lyse fjord with the famous Pulpit Rock, which rises sheer from the fjord and is completely flat on top. The Rogaland highlands, with their many tourist huts, are an ideal playground for walkers. One of the most fascinating tourist routes — «Discovery Route» — can be made by steamer from Stavanger to Sand, thence by bus and lake ferry to Nesflaten and by bus through the idyllic Bratlandsdal valley and northwards to the Hardanger fjord and Bergen.

STAVANGER, the capital of Rogaland, is a charming town with a remarkable blend of ancient and modern architecture. Among its attractions are the Cathedral and the venerable Kongsgård School. The stately Ledaal manor house, the King's residence when in Stavanger, deserves a visit too. In the town itself are the new Atlantic and Alstor hotels, and the Victoria, now completely modernised, and in the environs, facing the sea, are such beautiful holiday resorts as the Sola Strand Hotel and Viste Hotel, with perfect sand beaches and all the gay atmosphere of an international milieu. Sola Airport is one of the largest airports in Europe.

HAUGESUND — a coastal town with many interesting relics from the Viking period. A motor road of great scenic beauty leads inland to Odda and Hardanger. The Astoria and Kong Harald hotels in the centre of the town. The Haugaland hotel is entirely new.

NESFLATEN — is a hamlet facing the Suddal lake, almost squeezed in by towering mountains. An easy day's journey from Stavanger. One of the best youth hostels in Norway is situated here. Also Hotel Bratlandsdal.

SAUDASJØEN — fjord village of charm and beauty in the Ryfylke fjords, reached by modern steamer from Stavanger. The Saude Hotel is very comfortable and is a good centre for excursions.

THE HARDANGER FJORD

The Hardanger fjord is the most idyllic of the western fjords. In the blossom-time of May and early June, when the orchards are like a garden of white, and the pastures are green and lush, Hardanger is especially lovely.

Many beautiful roads lead to Hardanger, and they are well served by comfortable coaches. Best known perhaps is the road from Bergen through the fascinating Tokagjel gorge to Norheimsund and along the fjord to Øystese, Kvannadal, Granvin and Ulvik. Hardanger is also reached by railway from Bergen via Voss to Granvin. The approach can also be made from Stavanger, either via Sand and the lovely Bratlandsdal valley, or via Haugesund. From Oslo, the route leads by rail to Geilo and then by bus across the Hardanger mountain plateau and down the stupendous hair-pin bends of Måbødal between Fossli and Kinsarvik, or by rail to Bø and by bus through Telemark to Odda and Kinsarvik. There is a modern motor car ferry service across the fjord between Kvannadal and Kinsarvik, calling at Utne, and a popular

tourist steamer service on the fjord between Norheimsund and Ulvik. Another motor car ferry plies between Ulvik and Brimnes.

EIDFJORD — a little hamlet in beautiful surroundings. There is a modest hotel and a youth hostel.

GRANVIN — terminal of the Hardanger railway and a charming resort. Melands Hotel offers sea-trout fishing and a number of interesting excursions.

KVAMSKOGEN — a popular resort in the mountains above Hardanger on the road to Bergen. Sandvansen Hotel is the best place, but there is also a number of modest pensions.

LOFTHUS — another popular centre with a marvellous view of mountains and distant glaciers from the Ullensvang Hotel.

NORHEIMSUND — one of the best known tourist resorts in Norway, with Sandvans Hotel right in the centre. Bathing and boating. Excursions by steamer and coach.

ØYSTESE — practically next-door neighbour to Norheimsund — and the Øystese Hotel offers the same wonderful choice of excursions by car, by boat or on foot into the mountain.

SELJESTAD — this beautiful mountain resort is little known to visitors from abroad, as the modern Solfonn Hotel and the nearby Utsikten Hotel were only opened in the summer of 1951. Situated 1,967 ft. above sea level, 15 miles south of Odda, in glorious surroundings.

STRANDEBARM is a lovely fjordside resort with views of the Folgefjon Glacier. Trips to the glacier, fishing from boats in the fjord, bathing, and fly-fishing are among the attractions. Bakke Hotel and Tunold Tourist Station.

ULVIK — perhaps the most idyllic Hardanger resort, facing the blue fjord with a background of towering mountains. The new Brakanes Hotel was opened in 1952, and the Ulvik Hotel has also been built since the war.

UTNE — this lovely and restful fjord village has retained the atmosphere which has inspired so many poets to sing the praise of Hardanger. The Utne Hotel fits wonderfully into the picture. An excursion to the age-old Aga farm is highly recommended.

VØRINGSFOSS — a well known tourist centre on the Hardanger mountain plateau, 2,460 ft. The Fossli Hotel overlooks the Vøringsfoss, one of the largest waterfalls in Norway, thundering into the famous Måbødal valley.

BERGEN

Bergen is one of Norway's oldest and most interesting cities. To wander through Bergen is like turning the pages of Norway's history. The Middle Ages, the days of the Hanseatic League, as well as more recent times, are all well represented. Rubbing shoulders with old buildings and ancient monuments are modern business premises and broad streets, up-to-date hotels and restaurants, open squares and a wealth of statuary. The attractive houses perched high up the slopes of the seven mountains which surround the city add a touch of gay colour.

The beautiful scenery around Bergen affords many interesting excursions on foot, by sea or by car, for instance to Edvard Grieg's home «Trolldaugen» and the Fantoft stave church.

A funicular railway takes the visitor to the top of mount «Fløyen». From the restaurant

here, where there is dancing in the evening, a magnificent view is obtained of the city and its surroundings. «Bellevue» is another fine restaurant on the hill-side above the town. Other good restaurants with dancing are found in the Hotel Norge, Hotel Bristol, Hotel Rosenkrantz and Stjernesalen (the Star Hall). The following have music and good food, but no dancing: The Chianti, the Grand Cafe, Holbergsstuen, Neptun Restaurant and the Børs Cafe.

The best hotels are the Bristol, Neptun, Norge, Orion, Rosenkrantz, Slottsgården and Terminus, but there are also a number of smaller hotels and a large youth hostel. In the environs, there are some fine holiday resorts, only one or two hours from the heart of the city.

Bergen's international festival of music, drama and folklore, in memory of the Norwegian composer Edvard Grieg, takes place every year from 30th May to 15th June.

Thanks to the new airport Bergen can be reached in one day from all the main cities of Europe.

GODØYSUND — a delightful fjord resort on a cluster of islets and holms including the «Sunbeam Islands». The Godøysund Hotel offers bathing in crystal-clear water, boating, sea fishing, tennis, and speed-boat excursions.

OS — is a pretty village only an hour's bus ride from Bergen, and the Solstrand Hotel, facing the entrance to the Hardanger fjord, is a well-known holiday place featuring the same attractions as Godøysund. Regular displays of Norwegian folk dancing.

THE SOGNE FJORD

This giant fjord reaches fully 110 miles into the heart of Norway and is the longest fjord in the country. The main fjord is comparatively broad, but its various arms, such as the Fjerland and Nerøy fjords, are like deep clefts hewn into the towering mountains.

There are many ways of reaching the Sogne fjord. From Bergen there is a modern steamer service, offering wonderful cruises to the very head of the fjord and calling at all important places. You can also travel by the Bergen railway to Voss and then by bus via Stalheim and down the breath-taking Nerøy valley to Gudvangen. Or alternatively by the Bergen railway to Myrdal and then by the remarkable Flåm electric railway down to the fjord.

If you come from the eastern valleys, there is a wide choice of roads leading to the Sogne fjord. Pride of place probably goes to the Sognefjell road from the Gudbrandsdal valley through the Jotunheim mountains and the Filefjell road from Valdres to Lærdal.

BALESTRAND — is one of the leading holiday centres in the country, marvellously situated on a promontory in the fjord against a background of mountains with superb views across the fjord. Tennis, walks, bathing, boating, and fjord excursions are the main attractions of this lovely holiday spot. The Kvikne Hotel is one of the largest in Norway, whereas Esebotten Seter and the Kringsjå Hotel are much smaller but cheaper.

FJERLAND — a lovely village, squeezed in by giant mountains. Popular excursions to offshoots of the Jostedal glacier, the largest on the European mainland. The Mundal Hotel is very comfortable and pleasant, and the Fjerland Pensjonat is a good place in the lower price group.

FLÅM — this is another well-known tourist centre featuring the unique attraction of the Flåm railway running from Myrdal on the Bergen railway, 2,844 ft., down to Flåm at sea level, covering a distance of 12 miles only. The Fretheim Hotel provides a good combination of ancient traditions and modern service.

MARIFJØRA — a lovely village in beautiful surroundings. The Tørviss Hotel is one of the many good family hotels in this district.

SOLVORN — across the fjord is the 850-year-old Urnes Stave church, a wonderful cultural treasure. The Walakers Hotel is a pleasant family hotel.

VADHEIM — this village, the first important port of call in the Sogne fjord, is an admirable spot for excursions and other holiday activities. Good accommodation is offered by the Vadheim Hotel, and in a somewhat cheaper price group by the Tredals Hotel.

Apart from the resorts listed above, there are a number of delightful little villages such as **AURLAND** (Wangen Hotel), **HAFSLO** (Hillestad Hotel), **LEIKANGER** (Leikanger Hotel), **VIK** (Hopstock Hotel), **SKJOLDEN** (Skjolden Hotel), and **SOGNDAL** (Hofslund Hotel) — quiet and dreamlike little places which offer fishing, boating, bathing, delightful walks, and above all, grand scenery.

THE SUNN FJORD AND THE NORD FJORD

The Sunn fjord is noted for its scenery, especially the country around lake Jølster. Here the farmsteads have an air of venerable age which tells its tale of culture and tradition. This lovely fjord district abounds in forests, rivers and lakes. There is particularly good salmon, sea-trout and brown trout fishing, and a wide choice of interesting walks and excursions, including a day trip to the giant Jostedal glacier.

In Nord fjord we find the country more open than further south, but at the head of the fjord, close to the offshoots of the Jostedal glacier, the mountains seem twisted into wild fantastic shapes. This district is an ideal play-ground for all types of holiday activities.

The swiftest way of «doing» the beauty spots of the Sunn fjord and Nord fjord is to go by modern ferry steamer (cars drive aboard) from

Bergen to Vadheim in the Sogne fjord and then overland by coach to any — or all — of the resorts listed below. The road northwards from Vadheim, which is one of the most popular tourist routes, runs along lake Jølster and right across the Utvik mountains and down to Nord fjord. But the cruise from Bergen up the coast and into the smiling Nord fjord is also highly recommended. There is a good bus service from Otta in the Gudbrandsdal via Grotli and down the hair-pin bends of the Hjelle valley to the head of the Nord fjord at Loen and Olden.

FØRDE — is situated on the main road between the Sogne fjord and Nord fjord and is a good centre for salmon fishing. The Førde Hotel is new and comfortable.

LOEN — a beautiful village in magnificent surroundings. Grand excursion by car along lake Loen to the Kjendal glacier. The Alexandra Hotel is one of the largest hotels on the west coast.

OLDEN — a cosmopolitan resort, only 15 minutes' drive from Loen. As Loen has her lake and glacier, Olden has its Olden lake and the famous Briksdal glacier, both of which provide one of the outstanding excursions one can make in Norway. The Yris Hotel is entirely up-to-date and comfortable.

SANDANE — this is a well-known resort, beautifully situated at the head of the Gloppen fjord, a branch of the Nord fjord. Sivertsen Hotel is very popular in summer, and so is the smaller Gloppen Hotel.

SKEI — an inland village facing lake Jølster, depicted on one of the Norwegian postage stamps. The Skei Hotel was built in 1948.

MØRE AND ROMSDAL

This most northerly county of West Norway presents some of the finest scenery in the land. Although one county, it comprises three different regions, each with its own town.

Sunnmøre with Ålesund includes a number of beautiful fjords, surrounded on both sides by graceful peaks of Alpine structure.

Romsdal with Molde is penetrated by the broad Romsdal fjord which affords a remarkable view of mountains and snow-capped peaks. Nordmøre with Kristiansund is cleft by several fjords, surrounded by hilly country, with fertile valleys and dense forests, also the salmon rivers of Driva in the Sunndal and Surna in the Surnadal.

There is a very wide choice of routes. From Bergen, either by coastal express steamer to any of the three towns, or, if proceeding northwards from the Nord fjord, by coach via Grotli and down the zig-zag road to Geiranger. The

Geiranger fjord with its soaring peaks and cascading waterfalls is hardly surpassed by anything in the «Fjord Country», and the journey by the modern motor car ferry from Geiranger to Stranda or Valldal is unforgettable. There is a bus service from Stranda to Ålesund and from Valldal to Åndalsnes via the famous Trollsteg mountain road. Åndalsnes is also reached from Oslo by the Rauma railway. From Åndalsnes there is a bus service to Ålesund and a steamer service across the fjord to Molde; then by bus and ferry to Kristiansund. The latter is also reached from Oslo by rail to Oppdal and then by bus. Between Kristiansund and Trondheim there is a modern night and day express coach service.

ÅLESUND — a coastal town of 18,000 inhabitants. Norway's largest fishing port. Famous view-point from the restaurant on mount Aksla, overlooking the town. A visit to Ålesund museum and Sunnmøre museum should be included. The beautiful church is well worth a visit. The Noreg Hotel (completed 1954), the Grand Hotel, and a number of smaller pensions.

ÅNDALESNES — a fine holiday centre at the head of the Romsdal fjord. First-rate rock climbing. Good salmon fishing. Grand Hotel Bellevue in the village is entirely modern and Park Hotel 3 miles away is a comfortable hotel, and the new Trollsteg Hotel on the mountain pass to Valldal is popular among motorists and cyclists.

GEIRANGER — one of the outstanding beauty spots of Norway, situated at the head of the narrow Geiranger fjord with the graceful «Seven Sisters» and «Bridal Veil» waterfalls. A tourist road has been built to the very top of mount Dalsnibba, height 4,950 ft., and this excursion is a real tourist attraction. The Union Hotel is one of the finest holiday hotels on the west coast, but there are also smaller hotels, such as the Bellevue, Geiranger, and Merok. And high up on the plateau is the Djupvass Hotel. The scenic «Eagle Road» leads from Geiranger to Eidsdal.

KRISTIANSUND — a modern town, rebuilt in steel and concrete after its wanton destruction by the Germans in 1940. Interesting excursion by boat to the isolated island of Grip, Norway's smallest community. The town is famous for its klip-fish, which can be seen drying on the rocks in and around the town. The Grand Hotel is one of the most modern and comfortable hotels on the coast.

MOLDE — on the smiling and fertile shore-line of the Romsdal fjord lies residential Molde, the «Town of Roses», with holms and islands in the foreground, and the 87 peaks of the Romsdal Alps as a breath-taking background. Fifteen minutes by car to «Varden» with magnificent views. Romsdal Museum. The newly rebuilt Alexandra Hotel is entirely modern. Good accommodation is also available at Gjestestova, Knausen, Nobel, and Romsdalsheimen.

ØYE — is situated at the head of the Norang fjord where the rugged Norang valley commences. Famous mountaineering centre. The Union Hotel is probably the only climbing centre in the world which directly overlooks an unsealed mountain wall.

Apart from these delightful holiday resorts, there are also the beautiful villages of HELLESYLT (Grand Hotel) and STRANDA (Dreges Hotel) in the Geiranger fjord, SUNNDAL (Sunnalsheimen Hotel,) between the fjord and the valley of the same name, SURNA (Surnadal Hotel and Gulla Farm) in the Surnadal valley and TINGVOLL (Sortdal Hotel) in the Sunndal fjord.



THE BERGEN RAILWAY

Crossing Norway from west to east, the Bergen railway runs for most of its length through mountainous country. The highest point lies 4,330 ft. above sea-level. While the railways in the Alps climb as high or even higher, they never ascend above the timber line, as the Bergen railway does for a stretch of about 60 miles.

Travelling on the Bergen railway is a truly unique experience. The railway is a masterpiece of engineering, and the forty years of its existence have in no way lessened the awe and fascination which it inspires. It is like a travel film with spectacular waterfalls, mountains and valleys, all in «glorious technicolour», as an English journalist once remarked. The whole journey takes just under 8 hours by the «Bergen Express» which connects with the Newcastle-Bergen steamers. Otherwise the journey takes 12 hours in either direction.

Between Finse and Geilo the railway skirts the Hardanger mountain plateau, consisting of undulating highlands over 4,000 ft. above sea level, alternating with shallow valleys, containing lakes and rivers. This plateau is an El Dorado for walking tours. There are comfortable tourist huts at suitable intervals and all trails and paths are cairned.

Most of the resorts along the Bergen railway offer trout fishing and delightful walks in the mountains. Larger resorts like Geilo and Ustaoset have tennis courts as well.

AL — a little village in the upper Hallingdal valley. A motor road leads to Bergsjø Hotel, 19 miles from Al station, beautifully situated among the mountains, 3,610 ft., above sea level. Built in 1947 on modern lines, it offers good trout fishing. (Rødungstøl Mountain Chalet). Near the station are Al and Sundre Hotels.

BULKEN — is one of the rare places where a hotel — Lilands Hotel — offers free and good salmon fishing to its guests. In the hills above the village lies Dalane Fjellstove.

FINSE — north Europe's highest railway station, 4,010 ft. above sea level. Glorious mountains surround it on all sides, and on the slopes around

the station a great variety of mountain flora grows. Finse Hotel is a first-class establishment and the Finse Tourist Hut offers cheap and good accommodation for hikers.

GEILO — is one of Norway's largest holiday resorts, 2,625 ft. above sea level on the borderland between the great Hardanger plateau and the valley of Hallingdal. A chair-lift conveys visitors up to Geilohegda (3,550 ft.) in 6 mins. Holms Hotel is entirely up-to-date, and other good hotels are the Breidablik, Geilo, Haugen and Ustedal.

MJØLFJELL — a mountain resort surrounded by impressive mountains. Mjølfjell Hotel is a good family hotel, so is Kårdals Pensjonat and Mjølfjell Youth Hostels is the largest and most modern hostel in the country.

STALHEIM — this popular resort is only an hour by bus from Voss on the Bergen railway, and half an hour by bus from Gudvangen on the Sogne fjord. The Stalheim Hotel is ideally situated 1,250 ft. above sea level, overlooking the narrow Nerey valley and surrounded by fascinating mountains.

USTAOSSET — a well known resort on the mountain plateau, 3,250 ft. above sea level.

VATNAHALSEN — is superbly situated on a plateau at the very top of the Flåmsdal 2,800 ft. above sea level. The Vatnahalsen Hotel was completed in the summer of 1954.

VOSS — this holiday resort is rich in tradition. Here we find Norway's oldest timber building, the Finneløft, built of solid timber 700 years ago. The Folk Museum is a real cultural treasure, and so is the 13th century church. Fleischer's Hotel is a well established place for holiday-makers. The new Hotel Vossevangen was completed in 1951. Another good place is the Nøring Pensjonat nearby. En route to Stalheim is the Vinje Hotel.



THE EASTERN VALLEYS

From the mountains in the North-West, a number of valleys have cut their way through the plateau country of East Norway, and down to the lowlands of the South-East. Though the Eastern Valleys have much in common, natural conditions vary sufficiently to give each one its own peculiarities, and this has created in the course of time quite distinct local cultural heritages.

The valleys of East Norway, deeply as they are sunk in the mountain plateau, are well protected from wind and rain, and thus enjoy the continental type of climate with dry, warm summers. Stable and healthy conditions have made the Eastern valleys ideally suitable as holiday resorts.

VALDRES, THE VALDRES AND GJØVIK RAILWAYS

The valleys of the Valdres district are ideal holiday country. The many lakes in southern and central Valdres are surrounded by farmland and forests in a mellow combination, and the soft, clean lines of the landscape framing this «lake district» have an enchanting effect. But as the valleys run into the mountain ranges they lose their mellow character, and the precipitous mountain sides give the visitor a foretaste of the «Fjord Country». The lakes of the Valdres district offer good bathing and trout fishing.

The Valdres railway runs along lakes, across hills and mountains to Fagernes, whence there are good bus services through the valleys to the Sogne fjord and the Jotunheimen mountains.

FAGERNES — this is the hub of Valdres with a great deal of transit traffic in all directions. This lovely village is the very essence of Valdres, situated in the middle of that inviting lake scenery. Apart from the hotels in the village there is Fossheim Hotel just outside, and higher up among the mountains is the Nesen Hotel.

GJØVIK — is called the «White Town of Lake Mjøsa», situated on the western shore of Norway's largest lake. It is an idyllic little town with excellent sporting facilities. The new Strand Hotel, entirely modern, was completed in 1951.

MARISTOVA — is a good centre. The Maristuen Hotel is situated on the mountain road between Valdres and the Sogne fjord, alt. 2,725 ft.

NYSTOVA — this mountain resort is also situated on the Filefjell road, height 3,190 ft. The Nystuen Hotel is a popular stopping place for motorists.

ODNES — only half an hour by car from Odnas station lies Landåsen Hotel, a charming holiday resort, 1,970 ft. above sea level. Apart from bathing, walking and fishing, there is tennis.

THE GUDBRANDSDAL AND THE DOVRE RAILWAY

The Gudbrandsdal — the valley of valleys — extends from lake Mjøsa right up to the Dovre mountain plateau. The valley is long and broad, picturesque and beautiful. It presents «front cover» scenery with smiling lakes, forests, quaint Norse farms, rivers, and rushing waterfalls, and the whole valley is flanked by impressive mountain ranges. In countless ways the Gudbrandsdal is a real paradise for holiday-makers.

Apart from enjoying the beautiful scenery and relaxing in the bracing climate, the visitor is offered enough holiday facilities to keep him busy every day. There are tennis courts at every holiday centre; there is swimming in swimming-pool, lake or river, or sunbathing in a host of idyllic sports. If you are keen to make daily excursions from your centre, the Gudbrandsdal is the place for you.

Through the Gudbrandsdal runs the railway from Oslo to Trondheim and Åndalsnes, and from each railway station short but interesting roads lead to the numerous mountain resorts of the valley. From west Norway the route leads to Fagernes in the Valdres valley and then by mountain road to Lillehammer or from the Sogne fjord across the Sognefjell mountain pass to Otta, or from the Nord fjord or Geiranger fjord via Grotli to Otta. Also by rail or road from Åndalsnes to Dombås.

DOMBÅS — a good holiday centre in pleasant surroundings, 2,160 ft. above sea level. Dombås Hotel has a reputation as a fine centre, and the Dovrefjell Hotel is also recommended.

HAMAR — charming town on lake Mjøsa. «Domkirkeodden» with the Hedmark museum, the Railway Museum, bathing beach, camping area and open-air restaurant add colour to the town. Apart from the town hotels, there is the renowned Heshjør Hotel, 9 miles from Hamar station, with golf course.

HARPEFOSS — in a beautiful setting of mountains and lakes. A few miles west of Harpefoss station is the fashionable Golå Hotel and a good family hotel, the Wadahl.

LILLEHAMMER — is one of Norway's finest holiday resorts. Beautifully situated on a sloping hill facing Mjøsa. The climate is particularly healthy and refreshing. Outstanding among Lillehammer's many attractions is the unique open-air museum at Maihaugen. Rising behind the town is an extensive mountain plateau, and the circular road which leads across it from Lillehammer provides some interesting excursions. There are so many hotels to choose among, in the town as well as in the environs — including the centres of Nordseter (2,800 ft.) and Sjusjøen (2,720 ft.) — that intending visitors are advised to study the hotel price list.

OPPDAL — is the most popular resort in the Trondheim district, situated on the Dovre Railway, 1,790 ft. above sea level. The Opdal Hotel is very good and the new Nor Hotel is also to be recommended.

TRETTEEN — a small village in the valley. Several good hotels are situated up in the mountain ranges west of the village — 10 miles to Gausdal Hotel, Skeikampen Hotel and Austlid Fjellstue.

VINSTRA — in the mountains above the village of Vinstra lies Efevor Hotel, a resort of international repute, 2,800 ft. above sea level, its holiday facilities ranging from swimming-pool and horse-riding to private air taxi service. Higher up still is the Kampester Hotel and the Dalsester Hotel on the threshold of the Jotunheimen mountains.

Apart from these grand holiday centres, there are good hotels at KVAM (Rondablik Hotel), OTTA (Bjerkheim Hotel, Grand Hotel, and Rondane Fjellstue) and SEL (Høvringen Hotel) and also many other places, too numerous to mention.

THE ØSTERDAL VALLEYS AND THE RØROS RAILWAY

This is a land of silent forests, swift-flowing rivers, deep brooding tarns and silvery lakes, against a background of purple mountains. Here we find the vast Femund moors with their primeval forests. To the east of lake Femund there is some of the best fly-fishing in Norway.

ELVERUM — is the cultural and commercial centre of the Østerdal. At the Glomdal museum visitors can study the old peasant culture of the valley. The Central Hotel is new.

RØROS — this quaint mining town, situated on the Røros railway 2,630 ft. above sea level, is rapidly growing into a holiday resort. The Røros Hotel was built in 1951 and is entirely modern.

Good and inexpensive holiday places are also found at ALVDAL (Tronsvangen seter) and ATNA (Skjæringfjell Hotel).



THE JOTUNHEIM MOUNTAINS

Jotunheimen — the «Home of the Giants» — is the name given to the wonderful mountain ranges, the mightiest in Northern Europe, which cover the area between the Gud-

brandsdal, the Valdres district and the Fjord Country.

The famous Sognefjell road leads from the Sogne fjord and right through the wildest parts of Jotunheimen and down to Otta in the Gudbrandsdal. It is the highest mountain pass in Norway, 4,690 ft. above sea level. Another route from the Sogne fjord leads across Filefjell to Fagernes. A new route has recently been opened from Fagernes via Bygdin and East Jotunheimen to Otta. All roads are served by comfortable coaches.

Within this area there are more than 250 peaks and pinnacles over 6,000 ft. high, as well as over 60 glaciers, steep valleys, narrow passes, and countless lakes and rivers. With its many cairned trails and wide choice of tourist huts, Jotunheimen is a paradise for nature-lovers, climbers and hikers.

However, Jotunheimen also caters for others besides climbers and walkers. There are several good and restful hotels in this area. On the Sognefjell road you will find the comfortable Elveseter Hotel with old Norse interiors, the Jotunheimen Hotel and the Fortun, Krossbu, Røisheim, and Turtagrø tourist stations. On the Filefjell road you will find Tyin Hotel, overlooking lake Tyin, and north of the lake is Tyinholmen Hotel and Eidsbugaren Hotel, almost right in the heart of Jotunheimen. On the Bygdin road you will find Bygdin Hotel, facing lake Bygdin. All these hotels are ideal holiday places for those who enjoy walking in the mountains. Visitors planning walking tours in the Jotunheimen mountains will find detailed information in «Mountain Holidays», while rock-climbers are referred to «Rock Climbs in Jotunheimen». See page 24 «Guide Books on Norway».

THE TRONDHEIM DISTRICT

A glance at the map will show you that the Trondheim district occupies a central position in the Scandinavian peninsula, and a glance at the pages of history will confirm this impression.

There are few parts of Norway where such a variety of scenery occurs as in the Trondheim district. This province embraces all shades of Norwegian landscape, reminding the visitor in turn of the broad dales of East Norway, the Fjord Country of the west, and even the awe-inspiring high plateau of the North.

The salmon and trout fishing are particularly good in the Trondheim district. There are also fine opportunities for shooting. Snåsa and the Namdal offer some of the best elk-hunting in Norway, and in the coastal districts there is a good stock of red deer.

Pride of place in Trøndelag naturally goes to TRONDHEIM. At one time the city was Norway's capital, and its historic past and undeniable charm have made it a favourite with visitors from all over the world. The city is famous for its wide streets, but its chief attraction is

the magnificent Cathedral, one of the proudest architectural treasures of the North. The kings of Norway are crowned in the Cathedral. Close to this imposing Gothic edifice, which dates from the 12th century, lies the Archbishop's palace, which is a thousand years old.

The old Governor's Residence (Stiftsgården) built in 1770, and now used as a Royal Palace, is Norway's largest timber building. The Trondheim golf course is the northernmost golf course in the world.

Trondheim has many good restaurants; the most famous is probably the «Palm Court» of the Hotel Britannia, where an orchestra plays at lunch and dinner time, and a dance band in the evening. Among the leading hotels are the Astoria, Bristol, Britannia, Phoenix and Sentrum.



NORTH NORWAY

North Norway is situated almost entirely within the Arctic Circle, but thanks to the Gulf Stream the climate is extraordinarily mild.

In the hectic summer months, with 24 hours of sunshine, Nature exhibits an exuberance which is almost unbelievable. Here is a scenic beauty in surprising, unending, overwhelming variety. This is the «Land of the Midnight Sun» where the traveller enjoys a profusion of blazing colour and light, such as no other scenery can offer. Ask the artists, they know.

Perhaps the most outstanding holiday journey one can undertake is the wonderful cruise by the modern express steamers from Bergen or Trondheim along the entire coast past North Cape to Kirkenes and back. It takes 6 days each way, and apart from a few short stretches of open sea, the whole journey leads through sheltered waters, between strings of islands, through narrow sounds, and calling at a great number of coastal towns and small villages. As you sit on the promenade deck, a wonderful panorama passes before your eyes, like a film show. You sail past a fantastic landscape of «trolls» and «fairies», you see mountains with gigantic holes through them, peaks shaped like horses or sphinxes, and of course you will see the North Cape, where the Midnight Sun is visible from the middle of May to the end of July.

If you prefer the bird's eye view of the Land of the Midnight Sun, there are regular air services in the summer between the principal towns of North and South Norway, offering an unparalleled opportunity of seeing this wonderland beyond the Arctic Circle. A unique one-night excursion is offered by SAS Oslo-Bodø-Oslo in the Midnight Sun Season.

There is also an overland route by train and bus. The Nordland railway — a unique tourist attraction on its own merit — terminates at Saltdal, and then you proceed northwards by bus, right up to Kirkenes, past some of the most exciting scenery in all Norway.

Although parts of North Norway were «scorched» by the retreating Germans in 1944, the work of reconstruction has been carried out so successfully that there are now a great number of newly built hotels and tourist stations in all major towns and villages.

BODØ — a town with marvellous surroundings. Excursion by car — preferably at midnight — to the restaurant on the Renvik mountain, or to the Saltstraum maelstrom, a great tourist attraction. The Midnight Sun is visible from 1st June to 13th July. The Grand and Norrona hotels.

GRATANGEN — 1½ hours by bus from Narvik, is beautifully situated. Gratangen Chalet includes among its attractions sea and fly-fishing, mountain rambles, excursions, and the Midnight Sun.

HAMMERFEST — the northernmost town in the world, founded in 1789. Grand Hotel.

HONNINGSVÅG — one of the most important fishing villages in North Norway. Daily excursions by bus to North Cape on the new North

Cape road, including a visit to a Lapp encampment. The Grand Hotel was opened in 1955.

KIRKENES — close to the Russian border. The Kirkenes Hotel is entirely new. Grand Hospits.

LØNSDAL — this mountain resort, height 1,670 ft., is situated just beyond the Arctic Circle on the Saltfjell mountain plateau. The Saltfjell Hotel is one of the most comfortable hotels in Arctic Norway.

NARVIK — is an iron-ore export centre. It was the scene of Allied operations in 1940, when 24 German ships were sunk. Electric railway to Sweden. The Royal Hotel is up-to-date.

SVOLVÆR — this is the famous centre of the Lofoten islands, a picturesque little town at the foot of towering mountains. The Lofoten Hotel is a popular centre for climbing expeditions and the Fiskarheimen Hotel is new and modern. The beautiful villages of SORTLAND (Sortland Hotel) in the Vesterål islands, and REINE (Reine boarding house) and STAMSUND (Stamsund Hotel) in the Lofoten islands, are also worth visiting. Famous bird sanctuary on Røst island.

TROMSØ — the «Capital of the Arctic» is beautifully situated on an island with a grand view of ice-covered mountains. The midnight Sun is visible from May 19th to July 26th. The Grand Hotel is a good holiday centre.

VARDØ — is Norway's easternmost town. Vardøhus Museum. Vardøhus fortress built in the 14th century. Midnight Sun from 16th May to 29th July.

Apart from the places mentioned above, there are also such holiday spots as ALTA (Alta Gjestgiveri) with excellent salmon fishing in the Alta river, and the Lapp villages of KARASJOK (Karasjok Gjestgiveri) and KAUTOKEINO (Kautokeino Gjestgiveri) on the famous Finnmark mountain plateau. From Karasjok it is possible to undertake delightful boat trips on the Tana river — another fine salmon river. There is also a road from Karasjok into Finland.

SPITSBERGEN

— or Svalbard as it is called in Norway — is an archipelago forming part of the kingdom of Norway and situated between latitude 74° and 81° N, and between longitude 10° and 35° E.

Spitsbergen is a veritable Arctic Wonderland, with majestic fjords surrounded by jagged peaks, and vast glaciers which stretch all the way from the interior down to the sea.

Here the Midnight Sun is visible for 5 months, from April 20 to August 24.

There are no hotels in this land of miners and trappers, but the sturdy s.s. «Lyngen» sails from Tromsø six times during the summer, calling at all the well-known places along the coast of West Spitsbergen. For cruises of a more luxurious kind there is the new and well-appointed m.s. «Meteor», which includes Spitsbergen and the pack-ice in its summer programme.

The more adventurous may go on Arctic Safaris from the Longyearby mining settlement onboard the specially constructed ketch m.s. «Havella», which takes small hunting parties to the north-eastern part of Svalbard, a region otherwise frequented only by trappers and polarbears.

WHAT TO DO IN NORWAY



INCLUSIVE HOLIDAY TOURS

The easiest and most comfortable way to see Norway is to book an «inclusive tour» from your Travel Agent. Whether you wish to travel independently or on a conducted tour, you should

seek the guidance of your Travel Agent who is there to help you.

In Norway, more than in most countries visited by tourists, it is a good idea to have a definitely thought-out plan, especially on the occasion of a first visit. Few travellers realize till they have visited the country what enormous distances are involved, how leisurely the means of communication, or how remote and scattered the towns and villages, in some parts of the country.



SPRING IN NORWAY

The most glorious season in the whole year is ushered in with Constitution Day (May 17), gayest day in the calendar, when the spirit of

Carnival rules, and the streets are thronged with students in their quaint clothes and children in colourful costumes. High-light of the day is the traditional procession of school-children, headed by brass bands, past the Palace where the King and other members of the Royal Family receive their greetings. May is also «Fjord blossom time» in Western Norway, a «new» season set in the loveliest surroundings.

«Fjord blossom time» links up with Festival time. The Bergen Festival, May 30–June 15 presents world famous conductors, artists and orchestras, colourful pageantry and intimate concerts at Grieg's own house.

May and June are not only blessed with sunlit nights, but also with comfortable temperatures and reliable weather. This is the time to visit Norway when everything is fresher and greener, the days longer, and accommodation more readily available than at any other time.

MOTORING

You'll find motoring in Norway a leisurely affair. No one hurries: there's no impatient blaring of horns; and the scenery varies from



the quietly pastoral in the South and East to the savagely mountainous on the West Coast and in North Norway.

It is a simple matter to take your car or motorcycle to Norway. Formalities have been cut to a minimum, and the very reasonable North Sea freight charges are shown on page 9. Rates across the Atlantic are reasonable too, especially if you go both ways by the same line.

Cars of modern make may be hired in Norway on a drive-yourself basis.

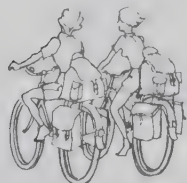
«Motoring in Norway» which contains details of roads, formalities, etc. is available at Norwegian travel offices abroad. See page 24 «Guide Books on Norway».



SALMON AND TROUT FISHING

Over 200 rivers provide salmon and sea-trout fishing. The season extends from June until September. Some of the best salmon fishing in the world can be had in these Norwegian rivers. Besides, Norway is honey-combed with innumerable lakes — nearly 250 000 — scattered all over the country. There is trout in practically every lake and river, even high up among the mountain ranges. The season varies according to altitude, but generally speaking trout fishing may be had from the end of May until mid-September.

An inexpensive booklet, «Trout Fishing in Norway» contains a wealth of interesting and useful information. See also page 24 «Guide Books on Norway».



CYCLING AND HOSTELLING

Norway is an ideal country for cycling and hostelling. All over the country you will find youth hostels which are situated at suitable intervals in beautiful surroundings.

Additional information and suggested itineraries from the Norwegian YHA, Filipstadvn. 9, Oslo.



Norway's mountain districts are easily reached from all parts of the country, thanks to a network of fine roads. In a few hours' walk from road or railway you can reach beautiful country off the beaten track. The great mountain ranges are ideal for hikers and offer excellent holiday facilities.

«Mountain Holidays» contains a wealth of information about the most popular walking tours as well as a complete list of tourist huts. See page 24 «Guide Books on Norway».



MOUNTAINEERING

Although most — but not all — peaks have been climbed, there is still scope for further exploring. All the popular rock climbs are well marked, thus making these ideal for parties of some experience wishing to learn guideless climbing. Comprehensive details of recorded climbs and «unfinished work» is contained in the recently published series «Rock Climbs». See page 24 «Guide Books on Norway».

SPECIAL INFORMATION

While your Travel Agent will provide you with full details concerning itineraries, hotel prices, time tables and fares, etc., the Norway Travel Association will be glad to give you any special information you may require on matters relating to motoring, walking tours, cycling, mountaineering, salmon and trout fishing, shooting, yachting, etc. Please apply to:

Norway Travel Association, H. Heyerdahlegt. 1, Oslo.

Norway Travel Association, 20 Pall Mall, London S.W. 1.

Norwegian National Travel Office, Norway House, 290, Madison Avenue, New York 17, N. Y.

Office National du Tourisme en Norvège, 10, Rue Auber, Paris 9.

Office National Norvégien du Tourisme, 16, Place Surlet de Chokier, Bruxelles.

Skandinavisches Verkehrsbüro, Pelikanstrasse 19, Zürich.

TRAVEL FACTS

ENGLISH IS SPOKEN. Do not worry about language difficulties, as English is taught in all schools.

PASSPORTS AND VISAS. Make sure your passport is still valid. No visa is required if you are from Algeria, Australia, Austria, Belgium, Canada, Chile, Cuba, Eire, France, Germany, Greece, Italy, Holland, Japan, Liechtenstein, Luxemburg, Monaco, New Zealand, Pakistan, South Africa, Switzerland, Turkey, the United Kingdom, and the United States of America. Holders of a valid passport which is endorsed as a «British Passport» and describes the holder as a «British Subject» need no visas for Norway, irrespective of their country of domicile. Intending visitors from all other countries not mentioned above must obtain visas through the nearest Norwegian consulate.

CURRENCY. You may take with you into Norway a maximum of 300 Norwegian kroner (highest denomination of notes 50 kroner) plus unlimited amounts of any other currencies, whether in cash or in traveller's cheques. On your return you may take out of Norway any unexpended traveller's cheques and up to 99 Norwegian kroner in cash, also any unexpended cash in other currencies provided you declared it on your arrival. Remember to contact your own Travel Agent before departure and check up on restrictions which may exist in your own country.

The following is an approximate list of the exchange rate, valid as per June, 1957:

Belgium	100 B.frc.	Norw. kr.	14.40
Denmark	100 D. Kr.	—	102.35
France	100 F.frc.	—	1.75
Germany	100 D.M.	—	169.00
Italy	100 Lire	—	1.10
Holland	100 D.fl.	—	186.40
Spain	100 Pts.	—	17.50
Sweden	100 Sv. kr.	—	137.70
Switzerland	100 S.frc.	—	162.80
United Kingdom	£ 1 sterling	—	19.75
U. S. A.	1 dollar	—	7.05

TRAVELLER'S CHEQUES. These can be purchased through certain travel agencies, or banks, and cashed in Norway at all banks, travel agencies, hotels, on board local steamers and at the railway booking offices in Bergen and Oslo.

CUSTOMS. The bona fide tourist will find a minimum of customs restrictions. Travellers from distant overseas countries (U.S.A., Canada, Australia, etc.) are allowed to bring in duty-free up to 400 cigarettes or 500 grams' weight of cigars, one bottle of spirits, one bottle of wine and two packs of playing cards. Visitors from European countries can bring in 200 cigarettes, one bottle of spirits and one bottle of wine. Photographic and film apparatus, portable wireless sets, binoculars and furs for personal use, are not subject to duty. On leaving Norway visitors from distant overseas countries may, without any licence or duty, take with them holiday purchases to a value of \$ 425 (£ 151-19-0.) Visitors from European countries are allowed to take out holiday purchases to a value of £ 17-10-0 (\$ 49.)

CLOTHING. The summer in Norway is warm. (Average temperatures in Oslo: April 41° Fahr., May 60°, June 69°, July 74°, August 73° and September 67°.) Do not take too much clothing, but if you intend to travel across the mountains or to the North, a sweater or a raincoat as well as good walking shoes will be needed. Evening dress is not worn at Norwegian hotels in summer time.

SHOPPING

Don't miss the opportunity of buying some of the articles for which Norwegian craftsmen — working in the traditions that have made Scandinavian Design the hallmark of quality — are justly famous. In Norway more than in the other Scandinavian countries you will find the continuity with the peasant heritage in handicraft. Your are offered delightfully embroidered cloths and scarves, wonderful Norwegian sweaters, woven tapestries that add charm to any home, expertly carved wooden chests and figurines, vivid trays and boxes decorated with the traditional rosepainting design, and for your children there are enchanting dolls in native dresses.

Medieval jewelry lives on in the intricate filigree work of the lovely brooches, the so-called «søljer», specialties of the Telemark and Setesdal districts.

Norwegian enamel work is world famous and includes dessert, coffee and jelly spoons, bold cuff links, ash trays, wonderfully shaped plates and lovely cocktail sets.

The experiments in ceramics will certainly interest you, and modern pottery and glass are also much in demand, especially the handmade article of distinctive design. Another Norwegian speciality is pewterware: Sugar bowls and creamers, trays and bowls, candlesticks and pitchers, streamlined pewter pieces which are certainly worth your consideration. Norwegian furniture is of functional designs and light woods are preferred. The industry has attained high standards, and you will be able to get excellent things at bargain prices.

To get a comprehensive survey of Norwegian products in arts and crafts visit the permanent exhibitions Forum and Norway Design in Oslo, where designers and producers present their products to the public. Only quality goods is exhibited, as every item must pass a jury.

GUIDE BOOKS ON NORWAY

Through the London, New York and Oslo offices of The Norway Travel Association (for addresses see SPECIAL INFORMATION) the illustrated guidebooks and maps listed below can be ordered at a small charge. Ask for a list of recommended booklets and maps.

Motoring in Norway

Trout Fishing in Norway

Mountain Holidays

and the following guides: «Rock Climbs in....» JOTUNHEIMEN, SUNN-MØRE, ROMSDAL, NORDMØRE, LOFOTEN, ARCTIC NORWAY.

The following tourist maps are sold, scale 1/500,000: EAST NORWAY, TELEMAR — SOUTH COAST — ROGALAND, WEST NORWAY, MØRE — ROMSDAL — TRØNDELAC. Scale 1/1,000,000: NORTH-TRØNDELAC — NORDLAND, TROMS — FINNMARK.

OUTSTANDING EVENTS FOR THE SUMMER SEASON 1958.

MAY 17. Constitution Day, celebrated with the traditional children's processions, etc., all over Norway.

MAY-EARLY JUNE. Fjord blossom time in the Hardanger, Sogne and Nord fjord region.

MAY 30-JUNE 15. Bergen Festival, comprising orchestral and solo concerts, theatre performances, folk pageants, etc. Bergen is the native town of Edvard Grieg, and the festival is intimately bound up with his compositions

END OF JUNE. Summer ski meet (slalom) at Trollstigen in Romsdal, and Stryn in Nordfjord.

END OF JUNE, BEGINNING OF JULY. International regatta at Hanks, open to all classes from the dragon class and over.

JUNE 23. Midsummer's Night, celebrated with the traditional bonfires all over the country, and with special shows at the Folk Museum (Oslo) and Maihaugen (Lillehammer).

JULY 29. The Festival of St. Olav is celebrated with bonfires, and a special pageant will be held at Stiklestad to the north of Trondheim.

SEPTEMBER. The Scandinavian Design Cavalcade opens in Oslo with exhibitions of modern handicrafts and industrial arts.

BEGINNING OF SEPTEMBER. Annual jubilee celebrations in connection with matriculation of students at the Universities of Oslo and Bergen and the Technical College at Trondheim.

MID-SEPTEMBER. Viking Rally — international motor rally, starting from the Arctic Circle and a number of Norwegian towns, and finishing in Oslo.

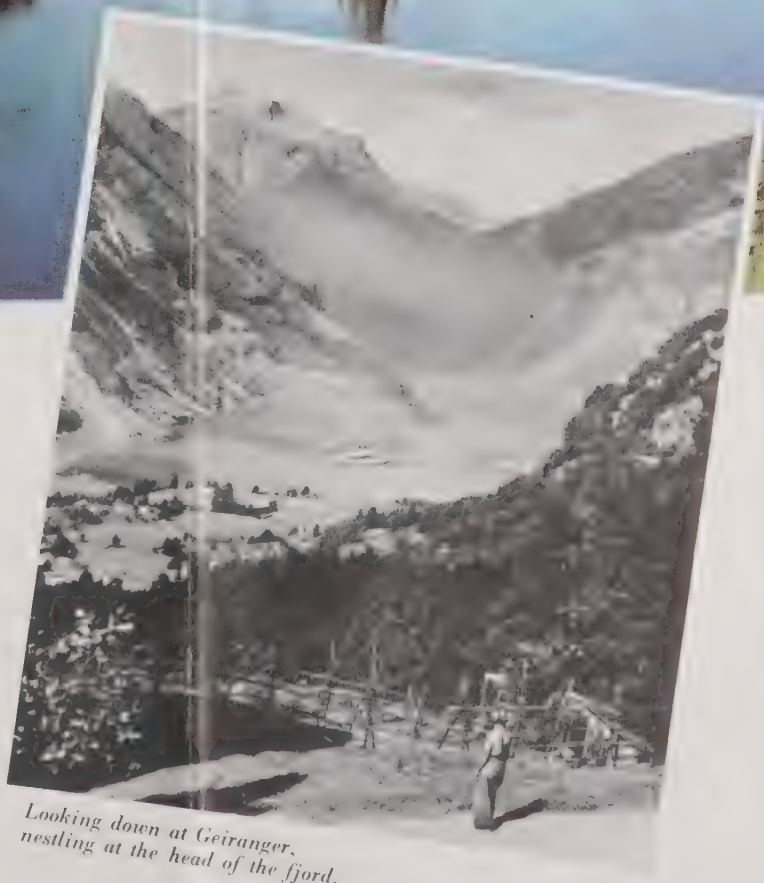
END OF SEPTEMBER. Opening of the State Autumn Exhibition, the annual exhibition of painting and sculpture, in Oslo.

Throughout the season there is horse racing in Oslo, both flat-racing and «over the sticks». There are also trotting races every week, with totalisator betting on the course, in Oslo, Bergen, Trondheim and Stavanger.

*The Nidaros Cathedral, Trondheim,
Scandinavia's proudest medieval
monument.*

Meet the people

The people you meet on your travels abroad are perhaps as important to your enjoyment as the scenery, the climate, or the standard of comfort at the hotels. There may be people more accomplished or refined than the Norwegians, but few who are more genuinely hospitable and glad to see visitors from abroad. Class distinction is virtually non-existent, the general standard of education high, and the fact that English is almost universally understood makes it still easier for the visitor to feel at home in Norway.



*Looking down at Geiranger,
nestling at the head of the fjord.*

North Cape, traveller's goal in the far north.



The Midnight Sun

The Midnight Sun gives the summer night its own special blend of daylight, with infinite shades and nuances according to the vagaries of wind and weather. This unique phenomenon is visible at North Cape from May 12 to August 1, at Tromsø from May 19 to July 26 and at Bodø from June 1 to July 13. Special Midnight Sun excursions by plane are arranged five times a week during the season, leaving Oslo in the evening and returning next morning. At Spitsbergen, which is reached by boat from Tromsø in North Norway, the sun's disc is visible 24 hours a day from April 20 to August 20.

The county of Finnmark is caressed by the Midnight Sun for 75 days.



The children's procession passing the Royal Palace on Constitution Day.



New climbs still wait to be pioneered.



In the eastern valleys national costume is still worn at work and play.





Hikers and ramblers are excellently catered for, by man and Nature.

At most popular resorts you will find up-to-date and spacious hotels.



The Fjord Country — lush and lovely.

*Bergen has a beauty and
charm of its own.*



*The valleys of East Norway
are a holiday paradise.*



*Pony trekking is the latest way
of seeing Norway.*

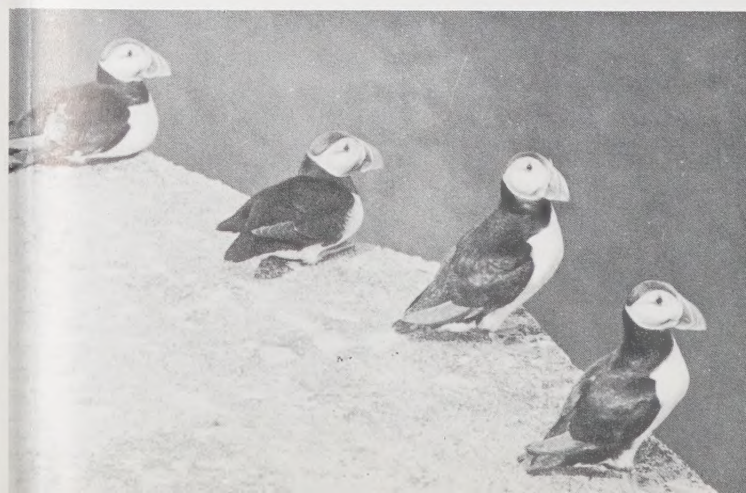




This, too, is Norway.



Tvedestrand, a typical South Coast village.



Puffins nest by the thousands along the coast.

*"The Sleeping Queen" watches
over the port of Narvik.*



*Age-old curves of Norway.
Left, from the Lyngen fjord Mountains.
Right, the Oseberg Viking ship, now in Oslo.*



The Midnight Sun is visible at North Cape
from May 12 to August 1.

NORTH CAPE



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